

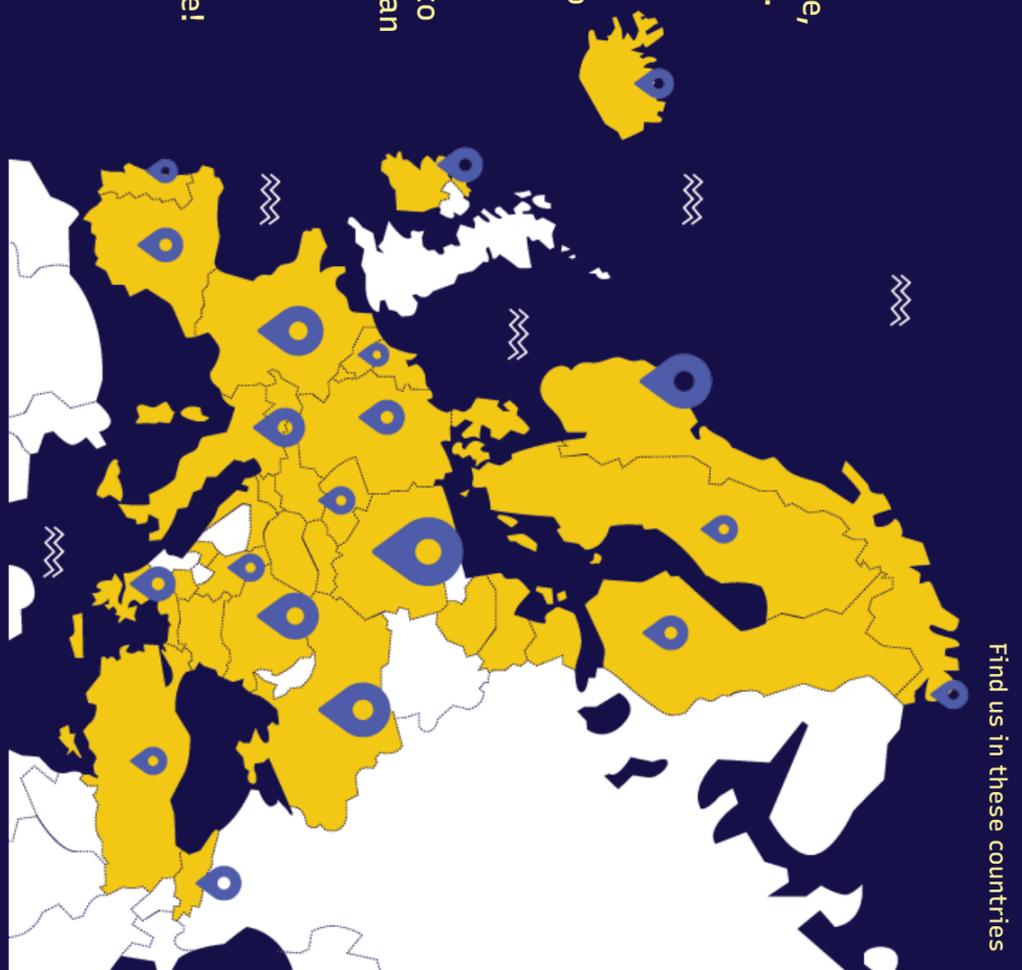
A GUIDE TO YOUR NEXT EUROPEAN EXPERIENCE



You are a young person living in Europe and you dream about gaining valuable experiences while discovering Europe, but you don't know how. We have good news for you: you have more options than you think!

Eurodesk's mission is to raise awareness among all young people on mobility opportunities and to support them into becoming active European citizens.

Make yourself comfortable, because your journey starts here!



Find us in these countries

WHAT IS EURODESK?

No matter your background or life situation, Eurodesk aims to create bridges in Europe and open international mobility opportunities and youth participation to all.

We see that not enough of you are aware of the various programmes out there - from a paid internship abroad to taking part in volunteering projects, all costs covered.

An experience abroad can have a massive positive impact on your life, and we believe Europe needs the involvement of young people.

This is why we operate with a network of youth workers all over Europe to reach out and provide you with neutral, free of charge and verified information on all financial support programmes to go abroad and have a voice in Europe.

Eurodesk is a support structure of the Erasmus+ programme and of the EU Youth Strategy.



IN NUMBERS

- **3.000+** multipliers and ambassadors
- **39** Eurodesk centres in **37** countries
- **210.000** youth enquiries handled each year
- **5.000** public events
- **550.000** followers on social media
- **1,6 Million** young people reached through face-to-face activities.

OUR OFFER

BROWSE OPPORTUNITIES

Visit the **Eurodesk Opportunity Finder** and find opportunities to learn, volunteer, do an internship abroad or participate in European democracy.



WRITE US ONLINE OR VISIT US

We have over **3000 info points spread across Europe** ready to help you. Ask your questions and get free guidance.

PARTICIPATE IN EURODESK ACTIVITIES

Get updated via the **Time to Move campaign**. Each year, during October, we organise more than 1000 events in almost 30 European countries with one goal: meeting with you where you are and informing you about opportunities to go abroad.



KNOW YOUR RIGHTS & HAVE YOUR SAY

The **European Youth Portal** allows you to stay informed on EU youth issues, to send applications to the European Solidarity Corps and to the Discover EU programme, and to browse European Youth Week events from all over Europe to attend activities.

BECOME A EURODESK YOUTH AMBASSADOR

Join the Eurodesk Network as an ambassador and support peer to peer information in different countries. Send your application to the European Pool of Young Journalists (annual call).



GET IN TOUCH AT
info@eurodesk.eu



Learn more on our website and follow us on social media.



MOBILITY PROGRAMMES

Get started right now! Check out these opportunities to see which suits you best.

LEARNING

ERASMUS+ - STUDY ABROAD

Study abroad in another European country (2-12 months) and experience different cultures, languages, and educational systems while earning credits towards your degree.

ERASMUS+ - YOUTH EXCHANGES

Join an exchange with young people from other countries (5-21 days) to share and learn on topics close to your heart.

DISCOVEREU

For your 18th birthday, discover new cultures, new regions and connect with people from all over Europe with a trip by train across the continent (solutions are provided for remote areas).

ERASMUS MUNDUS JOINT MASTER DEGREES

Crazy about learning? Enrol in a high-level study programme, at master level, involving at least 3 higher education institutions from 3 different countries worldwide.



WORKING

TRAINEESHIP AT THE EU INSTITUTIONS

Be the next "Bluebook" trainee of the European Union. There are two annual calls for applicants to take part in a 5-month paid internship.

ERASMUS+ - STUDENT MOBILITY FOR TRAINEESHIPS

Carry out an internship abroad after your studies and gain soft skills while discovering a new culture.

EURES TARGETED MOBILITY SCHEME

Find a job, traineeship or apprenticeship around Europe, Norway or Iceland. Jobs and apprenticeships are at least 6 months and traineeships 3 months.

ERASMUS FOR YOUNG ENTREPRENEURS

Are you considering to start or run a small business? Get the chance to be mentored by experienced entrepreneurs running small businesses abroad.



VOLUNTEERING

EUROPEAN SOLIDARITY CORPS - VOLUNTEERING PROJECTS

Help communities and people around Europe by taking part in a volunteering project in your own country or abroad, solo or as part of a team.

INTERREG VOLUNTEER YOUTH

Contribute to build solidarity across EU regions. Volunteer in cross-border, transnational or interregional projects on various topics.

EUROPEAN VOLUNTARY HUMANITARIAN AID CORPS

(under the European Solidarity Corps)
Provide support to humanitarian aid projects by joining a group of volunteers from different countries to help disaster-affected communities.

WORLD HERITAGE VOLUNTEERS

Volunteer to promote and preserve historical treasures with the World Heritage organisation.



YOUTH PROJECTS

ERASMUS+ - YOUTH PARTICIPATION ACTIVITIES

Together with other young people, apply and run a project to encourage youth participation in European democratic life.

EUROPEAN SOLIDARITY CORPS - SOLIDARITY PROJECTS

With a group of 5 young people minimum, create and carry out activities aiming at a positive change in your local community.



LOOKING FOR MORE OPPORTUNITIES?



Visit Eurodesk
Opportunity Finder!